

SIMULATION FILM PRODUCTION ON EARLY DAYS
UK BEANSPROUT GROWING BY
CHINESE KITCHEN LABOURER (1)

*Consultant: Mr Martin Ng at Sheffield at
Man Ting Hong Chinese Hot Pot & Grill Restaurant*



SIMULATION VIDEO CLIP

Beansprout growing in UK Chinese Kitchen (HLF) at Youtube
<http://youtu.be/w0vXFa9zBNY>

*1950 – 1970 Beansprouts growing inside
UK Chinese Kitchen (Bathtub):*



Place mung bean in water for 2 days after washing



Drill holes at the bottom of a black bucket

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Put a gunny sack inside the bucket



Pour mung bean budding into the sack



Wrap the opening and lift up the bucket above the bathtub to facilitate free drainage



Add tap water 3 times at regular intervals every day (NO dirt and without any grease)



Beansprout grow inside the shadowed sack (away from any sunshine)



Pick mature beansprout out from the sack for use after 6 days